

South Norfolk Youth Advisory Board

SNYAB Plan Document 2022 – 2023



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www.snyab.org
www.mtmyouthservices.org.uk



South Norfolk YAB



Introduction

This year has seen South Norfolk Youth Advisory Board (SNYAB) get back to 'business as usual'. The pandemic affected how we worked, and who we worked with, but this brought learning and new methodology, enabling creative delivery to meet new and ever-changing need.

Full Board meetings have moved from being solely online, to being held in a hybrid way – allowing members to attend in person or virtually. Young Commissioners hold their Focus Groups in between through a schedule of online and in person meetings. Visitors have still been welcomed at the Focus Groups, and this has resulted in a positive, youth led partnership, taking the work of SNYAB forward.

Young Commissioners have continued to work really hard this year, responding positively to external requests for support. On top of consultation and QA work, they have been involved with worker interviews, recording podcasts, Youth Charter writing, and social care Apprentice assessments. A lot of this has been held online, enabling more young people to take part.

Young Commissioners have taken turns at chairing the full YAB meetings, sharing the responsibility and the experience.

"A lot of what I have got from being a Young Commissioner is knowledge and confidence based. This is from training, other activities, and working with people from the council and agencies. Initially working with people who are decision makers, seemed scary. Being a part of the decision-making process and being able to meet them as real people makes them less scary." Young person

"My son has been a Young Commissioner and felt that the commissioner's points of views are valid, and they are listened to by the police, council, etc." Parent

SNYAB has reconnected with many partners, to jointly support young people. SNYAB Youth and Community Workers have been back in schools, and relationships with them all are positive and productive. Everyone is working together to ensure that young people become more resilient and that their mental health improves. It has also been a time to ensure that young people are heard and that their voice is understood and acted upon.

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SNYAB Year April 2021 – March 2022 Achievements

This year has seen a growth in need of support for young people, and so the priority has been to ensure that all services that directly help young people to achieve, enjoy and gain confidence are delivered.

SNYAB has used the commissioning budget to bolster local services, along with removing possible barriers to participation. Young Commissioners designed a programme of activities and services that supported young people in different ways, trying to encourage different young people to get involved. These services have all been supported by an appropriate number of youth workers, along with a transport budget. Enabling young people to participate with practical help such as a taxi, food, and resources, means that they can concentrate on being themselves, they can vocalise concerns, worries, wants and aspirations, and they can explore issues that are important to them in a safe environment. Young people have access to a variety of different youth workers, enabling them to access support in a way, and with who, they choose.

A total number of 213 young people engaged with SNYAB services (compared to 187 young people the previous year). Out of this group:

- 13% declared disabilities
- 6% described themselves differently to White British
- 22% declared a mental health issue
- 17% were known to be Young Carers
- 59% female; 37% male; 4% identify otherwise

Priority 1: Youth Voice

Over the year, between April 2021 and March 2022, there have been 18 Young Commissioners leading the work of SNYAB. These young people have carried out 331 hours of voluntary work during this period, which is an incredible achievement. They have almost matched this already this year, with an impressive 314 hours of volunteer time achieved between April and August 2022. Recruitment has picked up with new Young Commissioners joining this year. We expect this to increase, now that the Youth and Community Workers are back in schools.

Young Commissioners have benefited from various training opportunities including Drug Awareness; Disability Awareness; Charter Writing Workshops; Campaigning and Influencing; and Understanding Leadership. Young Commissioners have also achieved nationally accredited courses such as First Aid Certificates and Food Hygiene Certificates. These have all helped young people feel more confident in their role, as well as being more able to take part in other opportunities, such as interview panels. Individual development is identified, measured and recorded through the evidence-based tool Outcome Star.

“I’ve gotten confidence, knowledge and made new friends through being a Young Commissioner. I’ve also done things and activities I never thought I would do before.”

Young Commissioners have been involved with many other opportunities, including organising Jubilee events; taking part in Local Safeguarding Children Group (LSCG) consultations; and sharing

their achievements on Radio Norfolk. Young Commissioners have also achieved the Young Carer Friendly Tick Award.

SN Young Commissioners carried out a total of 46 Quality Assurance (QA) visits, sessions and consultations. This was not only checking out commissioned projects, but also included requests from other organisations. Young Commissioners were also consulted on projects, such as South Norfolk Council's website development; council recycling strategy; DWPs's Kickstart programme and NCC's Youth Strategy.

Young Commissioners have also organised their own events. The annual Anti-Bullying Conference took place online, led by Breckland Young Commissioners, with support from all other YABs. Norwich YAB held a Climate Conference, attended by SN Young Commissioners and, most recently, Young Commissioners got together at a county event, taking part in the NCC Youth Strategy consultation, as well as enjoying some team building activities.

"I enjoyed it because we got to meet new people and at first, we may have been scared to do the activities, but after we had a go, they became all right."

"We had an opinion and choices, so we were heard."

SN Young Commissioners have also undertaken some planning work with the YAB in West Norfolk, around the Disability Awareness Campaign – this work remains ongoing for the coming year.

Young Commissioners have developed their own delivery skills by running activity sessions for other young people. They have designed, practised and then delivered fun sessions for young people to enjoy, and try out new activities, such as cooking, crafts, and jewellery making. These have been well received, and the Young Commissioners enjoyed them too.

SNYAB utilises social media to promote commissioned activities, as well as publicise the positive work of the Young Commissioners. They have shown their support to different campaigns through the design of mobiles that can be hung in windows. The current design is one of 'Hope' and aims to show support on an international scale. A kit to make this mobile can be downloaded from <https://www.snyab.org/snyab-mobile-of-hope/>



Priority 2: Health and Wellbeing

This remained the most important priority for SNYAB. Young people needed support in different ways, as delivery changed from being solely online, to being in-person sessions. The monthly Wellbeing and Social sessions were a lifeline to many young people, with a second group opening, doubling the number of places available in the District.

"There are loads of different activities and it is a place where you can go to relax. Sometimes we go on a walk and you can see the river. The walks can be really calming due to the fresh air, and you can see the flowers and animals."

"It helps your mind to relax so if you are angry, you can destress."

The commissioned 'How The Mind Works' course, designed by Dreamkey, and co-delivered with SNYAB, continued to run online, while other, slightly tailored, sessions were run in schools with referred young people who were struggling with their feelings.

"It helped us learn a lot about the brain, and it was fun as well as educational."

Some online sessions continued to run, particularly for those young people who felt that they could not attend something in person. This helped maintain contact with those young people who had someone who was classed as vulnerable at home; or who had their own health issues; or who were not yet ready to be with other groups of people. These sessions included Quizzes, Arts and Crafts, Singing, and Yoga and Mindfulness. There was also the option to receive postal resources through Activity and Wellbeing Packs, which were sent out to coincide with school holidays.

It was also important to start offering outdoor sessions, supporting young people to find the courage to come out see their peers, and take part in activities that had been shut off to them for a long period of time. SNYAB restarted conservation and care farm work, engaging again with Quaker Wood and Clinks Care Farm in the district. We also offered some school holiday trips to Thrigby Hall Wildlife Gardens, and Whitlingham Adventure, to help young people engage with others, and meet with new peers. During the Christmas holidays, a group of vulnerable young people were taken to the theatre to see the Pantomime, enabling those young people to enjoy something that would not ordinarily be available to them.

"It was a really good treat after a year of lockdown, and I am grateful for all the workers for making it possible."

Priority 3: How To Adult

Having good Life Skills is still a concern for young people, and so the 'Food, Fun and Facts' cookalong programme continued – online sessions where young people cooked at the same time as our specialist chef and learnt to make different dishes, using various techniques. Cooking sessions have also been incorporated into other delivery sessions too, as young people are keen to expand that knowledge.

Training courses have included First Aid Certificates, Food Hygiene Certificates, Drug Awareness Workshop, Cooking, and Futures.

"Knowing First Aid can be really helpful because you will know how to help someone who is injured whilst you wait for an ambulance."



36 young people accessed the Careers Advice and Job Support service. This work has become more time consuming as over half of the young people receiving support have had complex needs. However, young people are making good progress, and with the right support and coaching have been able to achieve their goals.

"...grateful for the support and found it useful to have more Careers Advice on my chosen path."

Priority 4: Relationships with People and Your Community

Our Intergenerational Project was reintroduced for Christmas, but in different way. Young people still made gifts and cooked treats, but these were delivered door-to-door by the group with a rendition of We Wish You A Merry Christmas, instead of the usual lunch. This was still much appreciated within the community, and opened the doors to a lovely reunion at Easter with a delicious lunch served at tables.

"Giving out Goody Bags was really great, and the faces of the elderly made my day even more."

"It was nice to have interactions with different types of people."

"I put my Food Hygiene Certificate to use preparing the eggs."

Support for young people continued through the online DYG (Diss Youth Group). SNYAB supported this community group to maintain online contact with their young people, as well as other young people from all over the district. This enabled young people to develop and keep their relationships with trusted adults. DYG has since reopened in their usual venue, but with new members from different areas.

Work on updating 'The Parent's Guide to Understanding Teenagers' still continues at this time.

We have resumed our work with schools in the district, attending Futures Fairs, offering lunchtime stands, and working with small groups of young people around particular issues. This has been a positive move, resulting in more young people accessing SNYAB funded activities, and more young people gaining support. We have also attended community events, sharing information about the work of the Young Commissioners and SNYAB.

The Youth and Community Workers have been supporting community youth groups to get their doors re-opened and young people attending. Hethersett Junior Club receives ongoing monthly support, along with the newly established Senior Group. More recently, support is also being offered to Exchange 2 in Harleston.

Action Plan Delivery Statistics for April 2021 – March 2022	Number of sessions
Priority 1: Youth Voice	
Training for Young Commissioners	10
SNYAB Young Commissioner Meetings	17
SNYAB Young Commissioner Social Events (3) Celebration Event (1)	4
Disability Awareness Campaign development	2
Priority 2: Health and Wellbeing	
Online Wellbeing and Social Sessions	5
Face to face Wellbeing and Social Sessions (5x Needham, 6x Hethersett)	11
Online Quiz Sessions	18
Online Activity and Social sessions (4x Karaoke, 2x Drawing, 1x Crafts)	7
Face to face Activity and Social sessions	2
Outdoor Conservation and Care Farm Work (7x Quaker Wood, 6x Clinks)	13
Trips out: 2x Thrigby, 3x Whitlingham, 1x Panto	6
4-week How The Mind Works programmes (online)	2
Training programmes in schools – HTMW and Peer Mentoring	2
Online Yoga and Mindfulness sessions	4
Activity and Wellbeing Packs – postal service	142
Resource Mailouts	65
Targeted Welfare Checks with disengaged families	11
Priority 3: How To Adult	
Cooking sessions 'Food, Fun and Facts'. Cookalong demonstration sessions online	7
Online Training and personal development sessions	3
Careers Advice and Job Support	8hrs / week
Accredited courses: 3x First Aid, 3x Food Hygiene	6
Priority 4: Relationships with People and Your Community	
YAB Youth Club – online group to hear more about YAB and meet workers and Young Commissioners	1
DYG Online Youth Group	14
Detached sessions	22
Intergenerational Projects (3x Christmas sessions)	1

2022 Spring and Summer Programme

At the time of writing this plan, SNYAB has just completed a commissioned holiday programme, designed to support, encourage and challenge young people to get involved with positive leisure time activities. This included all the regular plan delivery such as Wellbeing, Clinks Farm and Quaker Wood, but also offered extra opportunities such as two days at Whitlingham Adventure Centre, a day trip to Pleasurewood Hills, and training courses. As well as accredited courses, young

people had the opportunity to attend a day of workshops around Safeguarding, LGBTQ+ Awareness, and Drug Awareness. Young people benefited from specialist external agencies (Momentum Norfolk, The Matthew Project and Norfolk LGBT Project) delivering these workshops. Young Commissioners also delivered an Activity Afternoon, and nine young people volunteered their time at the Summer Intergenerational Project.

140 young people have accessed SNYAB funded activity between April and August 2022.

April 2021 – March 2022 Expenditure from Commissioning Budget

Youth Voice <ul style="list-style-type: none"> • Young Commissioners 	£14,000
Health and Wellbeing <ul style="list-style-type: none"> • Wellbeing Sessions • How The Mind Works programmes • Online Social and Wellbeing Sessions • Postal Services • Outdoor Conservation and Care Farm Work • Trips out • Activity and Social Sessions 	£5100 £500 £1900 £1000 £5000 £5000 £700
How To Adult <ul style="list-style-type: none"> • Job and Careers Support Service • Cookalong sessions • Accredited courses for young people 	£5000 £800 £4100
Relationships with People and Your Community <ul style="list-style-type: none"> • Supporting Community Groups to deliver online • Intergenerational Programme at Christmas 2021 	£800 £1100
Total	£45,000
Allocation of funds to Disability Awareness Programme	£10,000
Extra spend allocation for April – September 2022	£12,500
Total funds for April 2021 – September 2022	£67,500

FLOURISH

FLOURISH is Norfolk County Council's ambition for all children and young people in Norfolk and has been inspired by the things young people have said are most important to them:

- **Family and friends:** Children and young people are safe, connected and supported through positive relationships and networks
- **Learning:** Children and young people are achieving their full potential and developing skills which prepare them for life
- **Opportunity:** Children and young people develop as well-rounded individuals through access to a wide range of opportunities which nurture their interests and talents
- **Understood:** Children and young people feel listened to, understood and part of decision-making processes
- **Resilience:** Children and young people have the confidence and skills to make their own decisions and take on life's challenges
- **Individual:** Children and young people are respected as individuals, confident in their own identity and appreciate and value their own and others' uniqueness
- **Safe and secure:** Children and young people are supported to understand risk and make safe decisions by the actions that adults and children and young people themselves take to keep them safe and secure
- **Healthy:** Children and young people have the support, knowledge and opportunity to lead their happiest and healthiest lives

SNYAB shares this vision, and meets the outcomes in different ways. The Young Commissioners are central to ensuring that this happens. Their training and development programme helps them to vocalise the impact of projects, on not only themselves, but on other young people too.

SNYAB's FLOURISH Pledge:

SNYAB pledges to promote the voice of young people through an engaging, relevant, safe, and interesting programme of activities and services that:

- increase confidence, self-esteem, knowledge and skills
- are supported by youth workers
- are accessible within their community
- treat young people with respect

SNYAB will ensure that young people are supported in their personal, social and educational development, and that their view of the world is utilised in a meaningful way.

Focus for October 2022 – September 2023

This year's Commissioning Plan has been informed through several different consultation approaches. Over the last year, our Young Commissioners have evaluated the projects that were funded by SNYAB, checking that the outcomes for the young people who were attending were still relevant and meeting the plan priorities.

Evaluation of the conservation and horticulture sessions included:

"I think it is a really good thing for young people because it can be a distraction from tough times, and they can learn new skills."

"Not enough young people get outside anymore. It might help them to manage emotions like anger."

"It can encourage young people to get off electronics. It is educational because it can teach you how to care for animals."

Much of the plan will remain the same as the previous year, and will continue to be delivered as Young Commissioners designed it, with transport and youth worker support. However, this comes at an increased cost at this current time. We also need to ensure that everything is managed in a timely way to ensure that it is completed by the end of September 2023.

Our Priorities remain the same for this plan, as they are still important to young people:

1. Youth Voice
2. Health and Wellbeing
3. How To Adult
4. Relationships with People and Your Community

These priorities mirror the results of other local and national consultation exercises:

SNYAB Priorities	NCC Needs Assessment	Make Your Mark National Priorities	Make Your Mark Norfolk Priorities
Health and Wellbeing	1. Mental Health 2. Bullying	Health and Wellbeing	Young people's mental health
How to Adult	Future Life Choices	1. Jobs, money, opportunities 2. Education and Learning	Free University and Inclusive Education
Relationships with people and your community	1. Environment and climate change. 2. Discrimination	Environment	Take action on the climate emergency

We carried out 14 different focus groups within school and community group settings, consulting with 104 young people around the detail of these priorities. A further 97 young people took part in a survey around the 'How To Adult' priority, enabling us to draw out exactly what needs to be included in the delivery of future Life Skill programmes. The consultation document can be found at <https://www.snyab.org/deep-dive-consultation-2022/>

The majority of young people talked about getting information from the right people, at the right time, as being an issue for them. Many methods were discussed, as there was recognition that not all processes suit all people. Some young people want more support while on school premises, and over the course of the focus groups, there almost became a set of recommendations for schools as to what young people need. This needs further development, but is something that SNYAB will pick up as a task this year. Young people also expressed an interest in hearing from people with lived experience on many topics, which also ties in with NCC's findings. Again, this idea needs to be developed, but young people were in favour of running an ongoing film project, where people could film themselves talking about something, including what helped to move them forward.

We have also contacted parents for feedback and ideas about current and future work:

"What a difference SNYAB has made for our daughter. At points over the last two years, she would not have seen anyone outside of the house if it wasn't for SNYAB. It's fantastic that she can choose what she wants to do."

"They really benefit greatly, meeting other young people outside of school, and having friendly and caring staff to share stuff with. Please continue to provide this service."

"She felt accepted. Spoken to as a mature person with the right to make decisions and given loads of advice and information when wanted. Learning new skills, but more importantly lots of giggles which is so high up on boosting mood and mental health."

Consultation is an ongoing task for SNYAB and in 2021 we spoke to young people about their outside spaces and park areas. This information is still available for parish and town councils and is part of the consultation document.

We ensure that we publicise other groups and clubs in the area through social media, but we also hold an up-to-date list, which can be found at <https://www.snyab.org/things-to-do/>

We have a 'School Offer' already in place, which supports young people and schools in different ways. We can offer promotional work, targeted programmes with groups of young people, Young Commissioner / youth voice activity, and support with policies and procedures. Schools take up different elements of this offer, dependent on their need at that time, and have expressed a want for the same support. We will also ensure that schools get to share good practice with each other.

"Young Commissioners is amazing. Coming into school for more pupils' views was excellent."

"It's really good that the youth are getting involved in local issues, and I think the more we can get involved in this, the better."

Consultation with schools also highlighted some of the issues that they were facing. Some of these are quite specific, for example, more than one school cited healthy relationships as an issue that they wanted help with. Topics such as consent, sexual harassment and violence and saying no are better dealt with by a specialist agency, and so we will work with schools to identify the right support for them.

We will continue to recruit new Young Commissioners from different age groups, and different backgrounds. Young Commissioners are committed to ensuring that they reach more young people geographically, as well as young people from diverse communities.

South Norfolk Youth Advisory Board (SNYAB) Action Plan October 2022 - September 2023

Priority	Young Commissioner development and wider Youth Voice activity	Lobby / Campaign	YAB Commissioning	Promote / Raise Awareness	Support others to commission and QA services for young people	Intended Outcomes
<p>1. Youth Voice</p> <p>This priority is about developing Young Commissioners (YCs) as individuals and as a group, as well as extending their reach and involvement in other relevant projects locally.</p> <p>It is also about ensuring that more young people have the opportunity for their voice to be heard in different forums.</p>	<p>Recruitment and training of Young Commissioners £3000</p> <p>Focus Group meetings, opportunities with other YAB Young Commissioners. Additional Focus Groups in schools. Four Full YAB meetings per year. Joint working with other Participation Projects such as the Young Carers Forum and Youth Parliament around specific topics and events. Joint working / training with SN Police Cadets £7500</p> <p>Additional Staffing £6000</p>	<p>South Norfolk Young Commissioners are keen to work on joint priorities with other YAB Young Commissioners, and believe that this provides a strong partnership and voice to be heard.</p> <p>Anti-Bullying Conference: Norfolk YABs Against Bullying £1000</p> <p>Encourage District and County Councillors to engage Young Commissioners in their portfolio work.</p>	<p>Young Commissioners to take part in regular Quality Assurance and Contract Monitoring activity of all YAB commissioned projects e.g., attend as a participant / Mystery Shopper; interview participants; formally inspect; speak with delivery teams; etc. £500</p>	<p>Young Commissioners will</p> <ul style="list-style-type: none"> • Promote the work of SNYAB (Newsletter, leaflets, social media) and ensure positive press • Promote services for young people in South Norfolk, as identified through mapping. • Use many promotional methods e.g., liaise with student voice bodies, notice boards, info stands in schools, etc. £1000 	<p>Young Commissioners to be available to organisations, including NCC, to support and inform service development and commissioning activity. This could include:</p> <ul style="list-style-type: none"> • NCC Events e.g., Youth Voice Conference • Local Safeguarding Children Groups (LSCGs) • Job Interviews • Service inspection • Consultation £500 	<p>Minimum of 30 YCs from diverse backgrounds to be recruited & trained to support the work of SNYAB; other YABs; and young people's projects in the area.</p> <p>YCs will engage with Outcome Star and Norfolk Youth Award. 80% of those who engage will show a positive change in an area of their choice e.g., confidence, public speaking, etc.</p> <p>Young people have a meaningful voice in their area; direct contact with decision makers'; and there is evidence of impact.</p> <p>Target groups of young people will receive improved services e.g., Young Carer Awareness.</p>

Priority	Young Commissioner development and wider Youth Voice activity	Lobby / Campaign	YAB Commissioning	Promote / Raise Awareness	Support others to commission and QA services for young people	Intended Outcomes
<p>2. Health and Wellbeing</p> <p>This priority aims to support young people to gain and maintain positive health and wellbeing</p>	<p>Young Commissioners will continue to participate in extra training to help them understand this priority and talk to other young people / professionals.</p> <p>Young Commissioners will participate in countywide Mental Health consultation group and Alliance Board £500</p>	<p>Ensure that young people can access facilities that they want – i.e., age related sessions, subsidised, etc.</p> <p>Join national campaigns including Young Minds: #HelloYellow</p>	<p>Commission sessions aimed at supporting young people who need develop / maintain positive wellbeing; access social opportunities; develop coping strategies; get outside; and learn new skills:</p> <ul style="list-style-type: none"> • Minimum of 18 Wellbeing and Social Sessions (meals, walks, etc) • 20 sessions of conservation and horticulture to be provided by Clinks Farm and Quaker Wood. • School Holiday programme including outdoor sessions at Whitlingham Adventure and 	<p>Young Commissioners will:</p> <ul style="list-style-type: none"> • Promote young people’s services in the area. • Ensure positive messages are distributed via leaflets, social media, poster campaigns, notice boards, and via the SNYAB film project. • Ensure that activity and training sessions have an element of wellbeing included. <p>YAB will ensure that practitioners in the Help Hub and Family Hubs engage young people in YAB services.</p>	<p>Work with local communities to engage young people in positive activities, particularly those who provide facilities and services in and around community buildings. £500</p> <p>Young Commissioners to work with those schools who want to ensure that their service and policy design are youth led, as part of the SNYAB School Offer. Provide recommendations for all schools in the district, following on from consultation. Offer support to achieve them.</p>	<p>Young people are aware of and engage in local services.</p> <p>80% Young people attending SNYAB commissioned sessions report improved self-confidence and positive wellbeing.</p> <p>150 Young people will attend positive activities with others in their leisure time.</p> <p>Young people will be referred to SNYAB via Request for Support in the Help Hub, amongst other routes.</p> <p>School support services will be coproduced, and promoted.</p>

trips – open to all
young people.
£9000

Ensure sessions are
supported with
good and relevant
resources, that are
representative and
diverse
£500

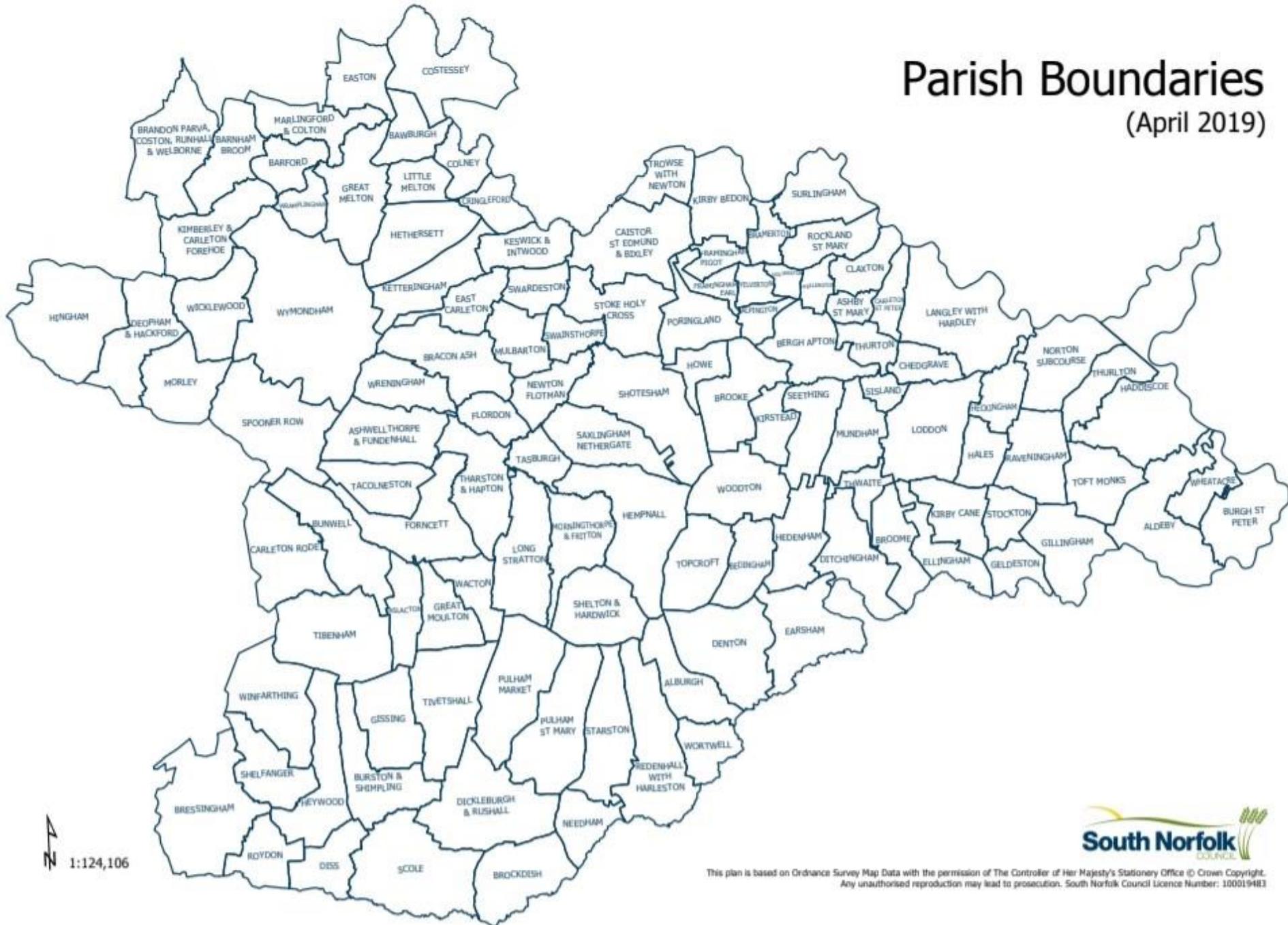
Priority	Young Commissioner development and wider Youth Voice activity	Lobby / Campaign	YAB Commissioning	Promote / Raise Awareness	Support others to commission and QA services for young people	Intended Outcomes
<p>3. How To Adult</p> <p>This priority will support young people with their futures – including careers and independent living</p>	<p>Enable young people to explore politics in their area, and how to influence decisions and make change locally.</p>	<p>Ensure DWP programmes are developed with young people.</p>	<p>Offer accredited courses to young people in South Norfolk who wish to enhance CVs and show achievement:</p> <ul style="list-style-type: none"> • Three First Aid (Eminence Training) • Four Food Hygiene (Virtual College) • Two Introduction to Health & Safety / Fire Safety (Virtual College) <p>£4000</p> <p>Commission Careers Advice Service for young people who need extra support, as identified with SN Help Hub. These are young people who could be NEET, but have complex needs.</p>	<p>Young Commissioners will:</p> <ul style="list-style-type: none"> • Promote young people’s services in the area. • Produce short films about topics identified in consultation e.g. finances, work life, etc. • Support SN Council with their young person initiatives. <p>YAB will ensure that practitioners in the Help Hub and Family Hubs engage young people in YAB services.</p>	<p>Identify good resources for young people around independent living, and ensure that they have access to them. This to include Icanbea... careers website.</p> <p>£500</p>	<p>57 young people will achieve certificates though accredited courses.</p> <p>Young people will know where to access education and employment information and advice, and 40 young people will access SNYAB funded Careers Advice. 80% will have a positive EET outcome.</p> <p>Young people will be able to access people and organisations who will help them with their futures.</p>

			<p>£5000</p> <p>Training and Life Skills Pilot Programme to be offered to 12 young people in South Norfolk including workshops around cooking, money, etc, as identified in consultation.</p> <p>£3000</p>			<p>80% Young people will feedback an increase in confidence around their knowledge of finances, housekeeping and independent living. Young people will complete a 'before and answer' questionnaire. This will develop the programme.</p>
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Priority	Young Commissioner development and wider Youth Voice activity	Lobby / Campaign	YAB Commissioning	Promote / Raise Awareness	Support others to commission and QA services for young people	Intended Outcomes
<p>4. Relationships with people and your community</p> <p>This priority aims to create opportunities to spend positive time in communities, making it a better place while spending time with other people</p>	<p>Take part in local social action projects that make a difference to local communities, such as litter picking in Diss; and community events at Quaker Wood.</p> <p>Promote opportunities for local social action projects, with a particular focus on those with of environmental benefit. Partner with new campaign First Nature to ensure that young people are connecting with nature in their local area.</p>	<p>Promote positive messages about changing habits, and the importance of this to the environment.</p> <p>Promote local and national campaigns around environmental issues.</p> <p>Participate in the YAB Disability Awareness Campaign to get young people talking about relevant issues, and making positive changes in their communities.</p>	<p>Young Commissioners will continue to update the 'Guide to Understanding Teenagers' in partnership with professionals and a parent panel.</p> <p>Support, promote and deliver three Inter-generational projects, in partnership with South Norfolk Council, Diss Town Council, Better Together and other organisations. These will be held at Christmas, Easter and Summer. Minimum of 15 young people will volunteer.</p> <p>£1500</p>	<p>Deliver a film project, enabling people to share their lived experience and the strategies developed to ensure a positive outcome.</p> <p>Young people will also share their positive outcomes e.g. inclusion of young people in decision making with town councils, and the impact on themselves.</p> <p>£1000</p>	<p>Continue to develop an Environmental Toolkit for individuals and schools containing ideas and resources, encouraging environmentally sound choices. This will include ideas for small changes through to larger scale projects.</p> <p>Where requested, work with Parish and Town Councils to improve facilities and services for young people in their communities.</p>	<p>Feedback from young people will show that they can identify:</p> <ul style="list-style-type: none"> • Healthy and positive relationships in different settings. • People who can help when there is an issue. • Changes in the behaviour and attitude of themselves, their families, and their communities. <p>This will be demonstrated in the film project.</p> <p>Young people will access activity and information that helps them to develop positive relationships within their communities.</p>
Total Spend £45,000	£17,000	£1000	£23,500	£2000	£1500	

Parish Boundaries

(April 2019)



1:124,106



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