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South Norfolk YAB

www.snyab.org

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SNYAB Mobile

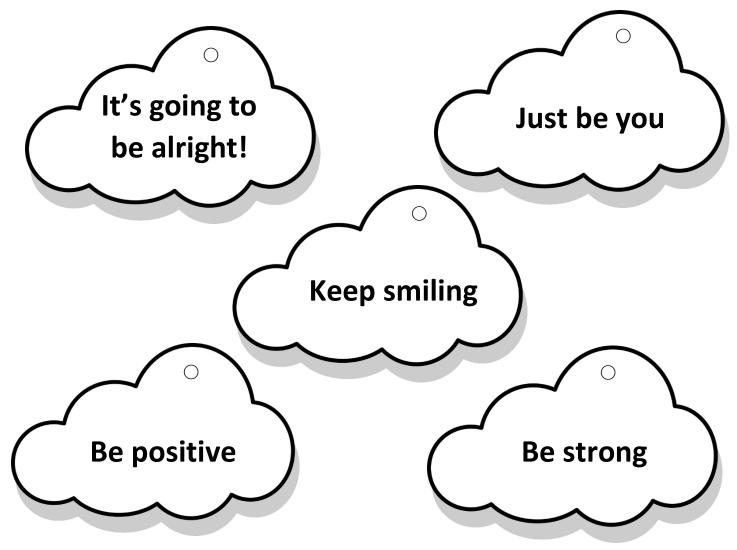
Here is your kit to make your very own SNYAB mobile! The clouds are filled with positive messages, and there is room to put your own thoughts too.

Cut out all the shapes, making sure you leave space for the holes, both above and below the rainbow. Write your own wellbeing messages on one side of the clouds, and read the messages from our Young Commissioners too.

Place the two rainbow shapes back to back – this means that you can hang your mobile in the window, but still enjoy it inside as well! Use a hole punch or push a pencil through to make the holes (be careful!) and then use string or ribbon to tie everything together, as shown in the picture.



Send us a photo of your finished creation, or post a picture on our social media.



SNYAB works with young people across South Norfolk. For more information, contact MTM Youth Services CIC on info@mtmyouthservices.org.uk or visit our website www.mtmyouthservices.org.uk